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# **Cool Soapmaking: The Smart Guide To Low-Temp Tricks For Making Soap, Or How To Handle Fussy Ingredients Like Milk, Citrus, Cucumber, Pine Tar, Beer, And Wine (Smart Soapmaking)**





## **Synopsis**

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! ☺ ☺ Soapmakers may love to add a variety of materials to soap, but they find that some cause more trouble than others. In the heat of the chemical reaction, an ingredient might discolor, or lose its scent, or develop a bad smell. Or it might cause problems during soapmaking, giving off noxious fumes, or making the soap harden so fast that there's no time to pour it in the mold. ☺ ☺ Help has arrived. ☺ ☺ Anne L. Watson extends the low-temp techniques from her book "Milk Soapmaking" to making soap from a variety of special ingredients, including cucumber, citrus, pine tar, beer, and wine. Soaps that have long challenged home soapmakers will now pose no problem at all. ☺ ☺ /// ☺ ☺ Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington. ☺ ☺ /// ☺ ☺ **CONTENTS** ☺ ☺ **GETTING STARTED** ☺ (From High-Temp Soapmaking to Low) ☺ ☺ **WHAT DO I PUT INTO IT?** ☺ (The Ingredients of Cool Soapmaking) ☺ ☺ **WHAT DO I USE TO MAKE IT?** ☺ (Gathering the Equipment You Need) ☺ ☺ **PROJECT #1: MILK SOAPS** ☺ Recipe: Anne's Cool Milk Soap ☺ ☺ **COOL SOAPMAKING STEP-BY-STEP** (From Prep to Cleanup and Beyond) ☺ ☺ **PROJECT #2: CUCUMBER SOAPS** ☺ Recipe: Basic Cucumber Soap Recipe: Cucumber Yogurt Soap Recipe: Cucumber Green Clay Soap Recipe: Cucumber Apricot Soap Recipe: Cucumber Avocado Soap ☺ ☺ Sidebar: Designing Cucumber Soaps ☺ ☺ **PROJECT #3: CITRUS SOAPS** ☺ Recipe: Basic Citrus Soap Recipe: Orange Yogurt Soap Recipe: Citrus Honey Soap Recipe: Ruby Red Grapefruit Soap ☺ ☺ Sidebar: Designing Citrus Soaps ☺ ☺ **PROJECT #4: SOAPS WITH ACCELERANTS** ☺ ☺ Recipe: Sweet Bay Soap Recipe: Pine Tar Soap ☺ ☺ Sidebar: Designing Soaps with Accelerants ☺ ☺ **PROJECT #5: BEER and WINE SOAPS** ☺ ☺ Recipe: Basic Beer Soap Recipe: Chocolate Ale Soap Recipe: Red Wine Soap Recipe: White Wine Soap Recipe: Anne's Coconut Beer Soap ☺ ☺ Sidebar: Designing Beer and Wine Soaps ☺ ☺ **WHY? WHY? WHY?** ☺ (Frequently Asked Questions) ☺ ☺ **WHERE TO FIND MORE** ☺ ☺

## **Book Information**

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## **Customer Reviews**

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â€¢ FROM THE INTRODUCTION:  
    â€¢ From the beginning of soapmaking, people have made it "hot." In fact, professional soapmakers used to be called soap boilers and shared a patron saint with firefighters.â€¢ As far as I can tell, the kind of soapmaking now called hot process was the rule for both family and commercial soapmaking all the way up to around 1940. At that time, companies that manufactured lye began to market it for home soapmaking, which was falling out of fashion. The new method came to be known as cold process

-- a term I've found from as early as that same period, in a lye company pamphlet.Â Though in cold process the soap mixture isn't "cooked," it isn't really cold either, as its temperature usually falls somewhere between room temperature and 110 degrees F (43 degrees C). Still, cold process seemed simpler, possibly safer, and was less intimidating to beginners. So, as craft soapmaking became popular, cold process was the technique favored in many books.Â More recently, soapmakers adding milk to their soaps have come up with a version of cold process that truly does involve lower temperatures. In my book "Milk Soapmaking," I called it Cool Technique. It uses frozen liquid to counteract the heat generated by the dissolving lye. This aims to keep the milk as cold as possible, to avoid browning the milk sugars and darkening the soap.Â After writing that book, I continued to refine Cool Technique. But more important, I discovered that its usefulness goes far beyond milk soap. In fact, it can help wherever high temperatures cause problems of scorching, fumes, acceleration, or other unwanted reactions.Â

GOT A QUESTION? JUST ASK ME! -- A NOTE FROM ANNEÂ Let's face it. No author can think of every single question you might have while reading the book. No matter how clear and complete it is, there's always a chance you'll find something you don't quite get or that doesn't quite fit your situation. So, what do you do?Â If the book is one of mine, you can go to my Web site and ask me direct. I'll be glad to help! (But you might want to look through the rest of the book first, since the answer might come up later -- maybe in the FAQ at the end.)Â I also use my Web site to describe new things I'm wondering about and trying and exploring. So, please do take a look!Â //Â SOAP AND LOTION BOOKS BY ANNE L. WATSONÂ SMART SOAPMAKING: The Simple Guide to Making Traditional Handmade Soap Quickly, Safely, and Reliably, or How to Make Luxurious Handcrafted Soaps for Family, Friends, and Yourself. Whether you've made melt-and-pour soap and want to move on -- or you've made traditional soap with slow, outmoded methods -- or you've never made a bar in your life -- you'll find "Smart Soapmaking" practical, helpful, and refreshing. Written by a former professional soapmaker, this book explodes the myths about soapmaking and shows you how to make luxurious soap from scratch with the least fuss and bother.Â MILK SOAPMAKING: The Smart and Simple Guide to Making Lovely Milk Soap From Cow Milk, Goat Milk, Buttermilk, Cream, Coconut Milk, or Any Other Animal or Plant Milk. Anne continues her soapmaking revolution with the first practical, comprehensive book on making milk soap. Experience the rich, soothing, luxurious feel of milk soap you've made yourself. Your skin will thank you for it.Â Â SMART LOTIONMAKING: The Simple Guide to Making Luxurious

Lotions, or How to Make Lotion That's Better Than You Buy and Costs You Less. After helping tens of thousands of beginners learn to make soap, Anne continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. **CASTILE SOAPMAKING: The Smart and Simple Guide to Making Lovely Castile Soap Quickly, Safely, and Reliably.** Anne offers the first practical book on making Castile soap at home. With the secrets revealed in this advanced guide, you'll be making lovely, quick-curing, lather-rich Castile with no trouble at all. **COOL SOAPMAKING: The Smart and Simple Guide to Low-Temp Tricks for Making Soap with Milk, Citrus, Cucumber, Pine Tar, Beer, Wine, and Other Special Ingredients.** Anne extends the low-temp techniques from her book "Milk Soapmaking" to making soap from a variety of special ingredients. Soaps that have long challenged home soapmakers will now pose no problem at all.

Not tons of new information but her books are clear and easy to understand. Her no-nonsense writing style makes her instructions easy to follow. I'm glad to add this to my collection but if you are a beginner, get Smart Soapmaking, it will give you enough solid information to get off to a confident start. If you add Milk Soapmaking to that one, you don't really need this one, but for the price, I was happy to add it to my collection.

Excellent, solid foundation of knowledge on soap making. All of the advice in this book is based on science and well-founded personal experimentation and it shows. The recipes in here that I have used have been top notch. My husband particularly likes the recipes for beer soaps, but I'm looking forward to making some cucumber soaps this next summer with produce from my garden. Thanks for making another excellent book, Anne Watson!

Here is yet another of the books I have come to use as indispensable tools for soap making. The books have stayed consistent in writing style, being both easy to read, understand and follow along with the processing. These are specialty soaps made out of all kinds of different ingredients, it is amazing just what you can use for soap making. There are great recipes in this one and then she gives how to go on and find more things to try, advising so not all of your trials will flop. I especially like the citrus portion as I understand this variety is harder to get to set, but smells wonderful. I have been incredibly pleased with every book in this series from beginning to end and would definitely

recommend them.

I love all her books! Well written, detailed and easy to follow. I plan on making soap although just got everything I need so haven't started yet. Can't wait! FYI - I own all her books!

Anne Watson is the absolute best at explaining soap-making in a clear way without being alarmist. Cool soapmaking (keeping the ingredients cooler so the lye compound won't scorch) opens a whole new world of soap-making. I've already followed her very solid advice on cool soapmaking with milks, and am looking forward to trying cucumber juice. Wonderful book!

I can't wait to try making soap. The book has large font and easy to read.

Great basic guide to working with some finicky ingredients. Love it!

I can't wait to try a couple of the recipes, Coconut Beer Soap especially. This was a really informative book and great for soapers who have a few successful batches in their belt. If you're a beginner, however, I suggest you get your technique down before jumping into any of this.

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